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# Periodic solutions of nearly integrable Hamiltonian systems bifurcating from infinite-dimensional tori

Alessandro Fonda, Giuliano Klun and Andrea Sfecci

Dedicated to Shair Ahmad, on the occasion of his 85th birthday

#### Abstract

We prove the existence of periodic solutions of some infinite-dimensional nearly integrable Hamiltonian systems, bifurcating from infinite-dimensional tori, by the use of a generalization of the Poincaré–Birkhoff Theorem.

## 1 Introduction

The aim of this paper is to provide the existence of periodic solutions bifurcating from an infinite-dimensional invariant torus for a nearly integrable Hamiltonian system.

The finite-dimensional case was treated in [1, 2, 4, 5, 6] by assuming the existence of an invariant torus made of periodic solutions all sharing the same period, under some non-degeneracy conditions. Let us briefly describe the main result in this setting. Denoting by  $H(I, \varphi) = \mathcal{K}(I)$  the Hamiltonian of a completely integrable system in  $\mathbb{R}^{2N}$  (as usual, we denote by  $\varphi$  and I the angle and the action variables, respectively), we can write the corresponding system

$$\begin{cases} \dot{\varphi} = \nabla \mathcal{K}(I) \\ -\dot{I} = 0 . \end{cases}$$

Assume that there is a  $I^0 \in \mathbb{R}^N$  such that

$$\det \mathcal{K}''(I^0) \neq 0. \tag{1.1}$$

Consider now the perturbed system

$$\begin{cases} \dot{\varphi} = \nabla \mathcal{K}(I) + \varepsilon \nabla_I P(t, \varphi, I) \\ -\dot{I} = \varepsilon \nabla_{\varphi} P(t, \varphi, I) \,, \end{cases}$$

where  $P(\cdot, \varphi, I)$  is *T*-periodic, and  $P(t, \cdot, I)$  is  $\tau_k$ -periodic in  $\varphi_k$ , for every k = 1, ..., N. Assume that there exist some integers  $m_1, ..., m_N$  for which

$$T\nabla\mathcal{K}(I^0) = (m_1\tau_1, \dots, m_N\tau_N).$$
(1.2)

Then, for  $|\varepsilon|$  small enough, there are at least N + 1 solutions  $(\varphi(t), I(t))$  satisfying

$$\varphi(t+T) = \varphi(t) + T \,\nabla \mathcal{K}(I^0) \,, \quad I(t+T) = I(t) \,, \quad \text{for every } t \in \mathbb{R} \,, \tag{1.3}$$

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and these solutions are near to some solutions of the unperturbed problem, i.e., briefly,

$$\varphi(t) \approx \varphi(0) + t \nabla \mathcal{K}(I^0), \quad I(t) \approx I^0.$$

Notice that, by (1.2) and (1.3),  $\varphi_k(t+T) = \varphi_k(t) + m_k \tau_k$ , for every k = 1, ..., N. Since usually  $\varphi_k$  is interpreted as an angle, with  $\tau_k = 2\pi$ , we may consider these as "periodic solutions" having period *T*. However, in the following, it will be better to keep more freedom in the choice of the periods  $\tau_k$ .

Clearly enough, being  $P(\cdot, \varphi, I)$  also mT-periodic for every positive integer m, one could search "periodic solutions" having period mT, as well (the so-called "subharmonic solutions"). We refer to [6] for a complete description of the problem, and for a more general statement, obtained by the use of the Poincaré–Birkhoff theorem.

The above result was recently extended in [7] for systems of the type

$$\begin{cases} \dot{\varphi} = \nabla \mathcal{K}(I) + \varepsilon \nabla_I P(t, \varphi, I, z) \\ -\dot{I} = \varepsilon \nabla_{\varphi} P(t, \varphi, I, z) \\ J\dot{z} = \mathcal{A}z + \varepsilon \nabla_z P(t, \varphi, I, z) , \end{cases}$$
(1.4)

where  $J = \begin{pmatrix} 0 & -I_M \\ I_M & 0 \end{pmatrix}$  denotes the standard  $2M \times 2M$  symplectic matrix and  $\mathcal{A}$  is a symmetric non-resonant matrix, meaning that the only *T*-periodic solution of the unperturbed equation  $J\dot{z} = \mathcal{A}z$  is the constant z = 0. Assuming (1.1), (1.2) and that  $\nabla P$ , the gradient of *P* with respect to  $(\varphi, I, z)$ , is uniformly bounded, the existence of at least N+1 solutions  $(\varphi(t), I(t), z(t))$  satisfying (1.3) and z(t+T) = z(t) was proved, when  $|\varepsilon|$  is small enough.

The aim of this paper is to extend the above results to an infinite-dimensional setting. Let X and Z be the separable Hilbert spaces which will replace  $\mathbb{R}^N$  and  $\mathbb{R}^{2M}$ , respectively. So, when looking at system (1.4), the functions  $\varphi(t)$  and I(t) will vary in X, while z(t) will belong to Z. The spaces X and Z may be infinite-dimensional, finite-dimensional, or even reduced to  $\{0\}$ . If X is finite-dimensional, the cases  $Z = \{0\}$  and Z finite-dimensional correspond to the settings in [6] and [7], respectively. However, if X or Z are infinite-dimensional, we will be able to prove the bifurcation of *at least one* periodic orbit from an invariant torus, which can also be infinite-dimensional. The multiplicity problem remains open.

In order to obtain our existence result in infinite-dimensions, we ask all the functions to be Lipschitz continuous on bounded sets, and the perturbing term  $\nabla P$  to be uniformly bounded. Moreover, we need a special structure of the autonomous Hamiltonian function: in our assumptions (**Dec1**) and (**Dec2**) below, roughly speaking, the functions involved must be decomposable in a sequence of finite-dimensional blocks. This allows us to tackle the problem by a finite-dimensional approximating process, applying a version of the Poincaré–Birkhoff theorem for the reduced systems, and carefully estimating the so-found periodic solutions in order to guarantee their convergence to a periodic solution of the infinite-dimensional system.

### 2 The main result

We want to treat a system of the type (1.4) in an infinite-dimensional setting. To this aim, let X and E be two separable Hilbert spaces, and set  $\mathcal{X} = X^2 \times E^2$ . We will use the notation  $\omega = (\varphi, I, z)$  for the elements of  $\mathcal{X}$ , with  $\varphi, I \in X$  and  $z = (x, y) \in E^2$ . For simplicity, we will write  $Z = E^2$ , and we define  $J : Z \to Z$  as J(x, y) = (-y, x). (The same notation J will also be used with the same meaning in similar settings.) Let us introduce all the assumptions we need.

The continuous functions  $\mathcal{K} : X \to \mathbb{R}$  and  $P : \mathbb{R} \times \mathcal{X} \to \mathbb{R}$  are assumed to be continuously differentiable with respect to I and  $\omega$ , respectively. The function  $t \mapsto P(t, \omega)$  is T-periodic, for some T > 0. Moreover, we assume the following Lipschitz condition on bounded sets.

(L) For every R > 0 there exist two positive constants  $L_R$ ,  $\mathcal{L}_R$  such that

$$\|\nabla \mathcal{K}(I') - \nabla \mathcal{K}(I'')\| \le L_R \|I' - I''\|$$

for every  $I', I'' \in X$  with ||I'|| < R, ||I''|| < R, and

$$\left\|\nabla_{\omega}P(t,\omega') - \nabla_{\omega}P(t,\omega'')\right\| \leq \mathcal{L}_{R}\left\|\omega' - \omega''\right\|,$$

for every  $t \in [0,T]$  and  $\omega', \omega'' \in \mathcal{X}$  with  $\|\omega'\| < R$  and  $\|\omega''\| < R$ .

Introducing some Hilbert bases of *X* and *E*, we can identify these spaces either with some  $\mathbb{R}^n$ , if they are finite-dimensional, or with  $\ell^2$ , the space of real sequences  $(\alpha_k)_k$  which satisfy  $\sum_{k=1}^{\infty} \alpha_k^2 < \infty$ . Each of the vectors  $\varphi$ , *I* in *X* and *z* in *Z* will then be written in their coordinates, e.g.,  $\varphi = (\varphi_1, \varphi_2, \ldots)$ , or  $\varphi = (\varphi_k)_k$ , with  $\varphi_k \in \mathbb{R}$ , while  $I = (I_k)_k$  and  $z = (z_l)_l$ , with  $z_l = (x_l, y_l) \in \mathbb{R}^2$ . Notice that these sequences may be finite.

We also ask *P* to be periodic in the  $\varphi$ -variables, as follows.

(**P**<sub> $\tau$ </sub>) The function  $P(t, \varphi, I, z)$  is  $\tau_k$ -periodic in each  $\varphi_k$ , i.e., for k = 1, 2, ...,

$$P(t, \dots, \varphi_k + \tau_k, \dots, I, z) = P(t, \dots, \varphi_k, \dots, I, z), \text{ for every } (t, \varphi, I, z) \in [0, T] \times \mathcal{X}$$

moreover, if dim  $X = \infty$ , then the sequence  $(\tau_k)_k$  belongs to  $\ell^2$ .

Concerning  $\nabla_{\omega} P$ , we assume it to be bounded and precompact, in the following sense.

(**P**<sub>bd</sub>) There exist  $(\alpha_k^{\star})_k$  and  $(\alpha_l^{\sharp})_l$  such that, for every k, l = 1, 2, ..., k

$$\left|\frac{\partial P}{\partial \varphi_k}(t,\omega)\right| + \left|\frac{\partial P}{\partial I_k}(t,\omega)\right| \le \alpha_k^\star, \qquad \left|\frac{\partial P}{\partial x_l}(t,\omega)\right| + \left|\frac{\partial P}{\partial y_l}(t,\omega)\right| \le \alpha_l^\sharp,$$

for every  $(t, \omega) \in [0, T] \times \mathcal{X}$ . If dim  $X = \infty$  or dim  $Z = \infty$ , then  $(\alpha_k^*)_k$  or  $(\alpha_l^{\sharp})_l$  belong to  $\ell^2$ , respectively.

Notice that the sets  $\prod_{k=1}^{\infty} [-\alpha_k^{\star}, \alpha_k^{\star}]$  and  $\prod_{l=1}^{\infty} [-\alpha_l^{\sharp}, \alpha_l^{\sharp}]$  are Hilbert cubes, hence compact sets in  $\ell^2$ .

Let  $\mathcal{A} : Z \to Z$  be a linear *bounded selfadjoint* operator. We need the following non-resonance assumption.

(NR) Denoting by

$$\mathcal{L}: \mathcal{D}(\mathcal{L}) \subset L^2([0,T],Z) \to L^2([0,T],Z), \quad \mathcal{L}z = J\dot{z}$$

the unbounded selfadjoint operator with domain

$$\mathcal{D}(\mathcal{L}) = \{ z \in H^1([0,T], Z) : z(0) = z(T) \},\$$

we assume that  $0 \notin \sigma(\mathcal{L} - \mathcal{A})$ .

In the case when *Z* is infinite-dimensional, we need to assume a particular structure for the function A.

**(Dec1)** If dim  $Z = \infty$ , there exists a sequence of positive integers  $(N_m^{\sharp})_{m\geq 1}$  and functions  $\mathcal{A}_m : \mathbb{R}^{2N_m^{\sharp}} \to \mathbb{R}^{2N_m^{\sharp}}$  such that, writing any vector  $z \in Z$  as  $z = (\vec{z}_1, \ldots, \vec{z}_m, \ldots)$ , with  $\vec{z}_m = (\vec{x}_m, \vec{y}_m) \in \mathbb{R}^{2N_m^{\sharp}}$ , we have that

$$\mathcal{A}z = (\mathcal{A}_1 \vec{z}_1, \dots, \mathcal{A}_m \vec{z}_m, \dots)$$

Concerning the function  $\mathcal{K}$ , its gradient will be "guided" by some linear *bounded selfadjoint invertible* operator  $\mathcal{B} : X \to X$ , with bounded inverse, as we now specify. First of all, similarly as before, in the case when X is infinite-dimensional, we need to assume a particular structure for the functions  $\mathcal{B}$  and  $\mathcal{K}$ .

**(Dec2)** If dim  $X = \infty$ , there exists a sequence of positive integers  $(N_j^*)_{j\geq 1}$  and functions  $\mathcal{B}_j$ :  $\mathbb{R}^{N_j^*} \to \mathbb{R}^{N_j^*}, \mathcal{K}_j : \mathbb{R}^{N_j^*} \to \mathbb{R}$  such that, writing any vector  $I \in X$  as  $I = (\vec{I}_1, \ldots, \vec{I}_j, \ldots)$ , with  $\vec{I}_j \in \mathbb{R}^{N_j^*}$ , we have that

$$\mathcal{B}I = (\mathcal{B}_1\vec{I}_1, \dots, \mathcal{B}_j\vec{I}_j, \dots), \qquad \mathcal{K}(I) = \sum_{j=1}^{\infty} \mathcal{K}_j(\vec{I}_j).$$

We now fix  $I^0 \in X$ , and introduce our *twist condition*.

(Tw) There exist two positive constants  $\bar{c}, \bar{\rho}$  such that, for every j = 1, 2, ...,

$$\|\vec{I}_j - \vec{I}_j^0\| \le \bar{\rho} \quad \Rightarrow \quad \left\langle \nabla \mathcal{K}_j(\vec{I}_j) - \nabla \mathcal{K}_j(\vec{I}_j^0), \, \mathcal{B}_j(\vec{I}_j - \vec{I}_j^0) \right\rangle \ge \bar{c} \, \|\vec{I}_j - \vec{I}_j^0\|^2 \, .$$

Finally, we assume a compatibility condition between T and the periods introduced in ( $\mathbf{P}_{\tau}$ ). ( $\mathbf{C}_{\tau}$ ) There exist some integers  $m_1, m_2, \ldots$  for which

$$T\nabla \mathcal{K}(I^0) = (m_1\tau_1, m_2\tau_2, \dots).$$

We are now ready to state our main result.

**Theorem 2.1.** Let the above assumptions hold. Then, for every  $\sigma > 0$  there exists  $\bar{\varepsilon} > 0$  such that, if  $|\varepsilon| \leq \bar{\varepsilon}$ , there is a solution of system

$$\begin{cases} \dot{\varphi} = \nabla \mathcal{K}(I) + \varepsilon \nabla_I P(t, \varphi, I, z) \\ -\dot{I} = \varepsilon \nabla_{\varphi} P(t, \varphi, I, z) \\ J\dot{z} = \mathcal{A}z + \varepsilon \nabla_z P(t, \varphi, I, z) , \end{cases}$$
(2.1)

satisfying

$$\varphi(t+T) = \varphi(t) + T\nabla \mathcal{K}(I^0), \quad I(t+T) = I(t), \quad z(t+T) = z(t), \quad (2.2)$$

and such that

$$\|\varphi(t) - \varphi(0) - t\nabla \mathcal{K}(I^0)\| + \|I(t) - I^0\| + \|z(t)\| < \sigma, \quad \text{for every } t \in \mathbb{R}.$$
 (2.3)

**Remark 2.2.** When *X* is finite-dimensional, we will see that condition (Tw) can be generalized to (Tw') There exists a positive constant  $\bar{\rho}$  such that

$$\|I - I^0\| \le \bar{\rho} \quad \Rightarrow \quad \left\langle \nabla \mathcal{K}(I) - \nabla \mathcal{K}(I^0), \, \mathcal{B}(I - I^0) \right\rangle > 0;$$

a still more general condition, adopted in [6], is the following:

$$0 \in \operatorname{cl}\left\{\rho \in \left]0, +\infty\right[: \min_{\|I-I^0\|=\rho} \left\langle \nabla \mathcal{K}(I) - \nabla \mathcal{K}(I^0), \, \mathcal{B}(I-I^0) \right\rangle > 0\right\},\$$

where  $\operatorname{cl} S$  denotes the closure of a set S.

# **3** Preliminaries for the proof

We will carry out the proof of Theorem 2.1 in the case  $\dim X = \infty$  and  $\dim Z = \infty$ , with some specific remarks on the finite-dimensional cases. By the change of variables

$$(\xi(t), I(t), z(t)) = (\varphi(t) - t\nabla \mathcal{K}(I^0), I(t), z(t)),$$
(3.1)

system (2.1) becomes

$$\begin{cases} \dot{\xi} = \nabla \mathcal{K}(I) - \nabla \mathcal{K}(I^0) + \varepsilon \nabla_I \widehat{P}(t,\xi,I,z) \\ -\dot{I} = \varepsilon \nabla_{\xi} \widehat{P}(t,\xi,I,z) \\ J\dot{z} = \mathcal{A}z + \varepsilon \nabla_z \widehat{P}(t,\xi,I,z) , \end{cases}$$
(3.2)

where

$$P(t,\xi,I,z) = P(t,\xi + t\nabla \mathcal{K}(I^0), I, z)$$

We use the notation  $\zeta = (\xi, I, z)$ ; the Hamiltonian function is thus

$$\widehat{H}(t,\zeta) = \mathcal{K}(I) - \left\langle \nabla \mathcal{K}(I^0), I \right\rangle + \frac{1}{2} \left\langle \mathcal{A}z, z \right\rangle + \varepsilon \widehat{P}(t,\zeta) \,.$$

Combining ( $\mathbf{P}_{\tau}$ ) with ( $\mathbf{C}_{\tau}$ ), we see that the function  $\widehat{P}(\cdot, \xi, I, z)$  is *T*-periodic, and  $\widehat{P}(t, \cdot, I, z)$  is  $\tau_k$ -periodic in  $\xi_k$ , for every k = 1, 2, ...

Some additional notations are now necessary. By assumption (Dec2), the vectors  $\xi, I \in X$  decompose in vectors  $\vec{\xi_j}, \vec{I_j} \in \mathbb{R}^{N_j^*}$ . Setting

$$S_0^{\star} = 0$$
,  $S_j^{\star} = \sum_{i=1}^j N_i^{\star}$  for  $j \ge 1$ ,

we can explicitly write the components of  $\vec{\xi}_j$ ,  $\vec{I}_j$  as

$$\vec{\xi}_{j} = (\xi_{S_{j-1}^{\star}+1}, \xi_{S_{j-1}^{\star}+2}, \dots, \xi_{S_{j}^{\star}}), \qquad \vec{I}_{j} = (I_{S_{j-1}^{\star}+1}, I_{S_{j-1}^{\star}+2}, \dots, I_{S_{j}^{\star}}).$$

Similarly, by assumption (Dec1), the vector  $z \in Z$  decomposes in vectors  $\vec{z}_m \in \mathbb{R}^{2N_m^{\sharp}}$ . Setting

$$S_0^{\sharp} = 0$$
,  $S_m^{\sharp} = \sum_{i=1}^m N_i^{\sharp}$  for  $m \ge 1$ ,

we can explicitly write the components of  $\vec{z}_m$  as

$$\vec{z}_m = (z_{S_{m-1}^{\sharp}+1}, z_{S_{m-1}^{\sharp}+2}, \dots, z_{S_m^{\sharp}}).$$

We define the sequences  $(a_i^{\star})_j$ ,  $(a_m^{\sharp})_m$  in  $\ell^2$  by

$$a_{j}^{\star} = \Big(\sum_{i=1}^{N_{j}^{\star}} (\alpha_{S_{j-1}^{\star}+i}^{\star})^{2} \Big)^{1/2}, \quad a_{m}^{\sharp} = \Big(\sum_{i=1}^{N_{m}^{\sharp}} (\alpha_{S_{m-1}^{\sharp}+i}^{\sharp})^{2} \Big)^{1/2}.$$

Notice that  $||a^*||_{\ell^2} = ||\alpha^*||_{\ell^2}$  and  $||a^{\sharp}||_{\ell^2} = ||\alpha^{\sharp}||_{\ell^2}$ .

**Remark 3.1.** When X has a finite dimension  $d_X$ , we can define the sequence  $(N_j^*)_j$  taking  $N_1^* = d_X$  and  $N_j^* = 0$  for  $j \ge 2$ . Similarly when Z is finite-dimensional.

Without loss of generality, from now on we will assume that  $I^0 = 0$ , a situation which can be recovered by a simple translation. The strategy of the proof of Theorem 2.1 will be to construct a finite-dimensional approximation of system (3.2), and then pass to the limit on the dimension. Precisely, we define the projections  $\Pi_{S^*_{\mathcal{A}}} : X \to X$  and  $\Pi_{S^*_{\mathcal{A}}} : Z \to Z$  as

$$\Pi_{S^{\star}_{\mathcal{T}}} v = (\vec{v}_1, \dots, \vec{v}_{\mathcal{J}}, 0, 0, \dots), \qquad \Pi_{S^{\sharp}_{\mathcal{T}}} z = (\vec{z}_1, \dots, \vec{z}_{\mathcal{J}}, 0, 0, \dots),$$

and consider the truncated system

$$\begin{cases} \dot{\xi} = \Pi_{S_{\mathcal{J}}^{\star}} [\nabla \mathcal{K}(I) - \nabla \mathcal{K}(0) + \varepsilon \nabla_{I} \widehat{P}(t,\xi,I,z)] \\ -\dot{I} = \Pi_{S_{\mathcal{J}}^{\star}} [\varepsilon \nabla_{\xi} \widehat{P}(t,\xi,I,z)] \\ J\dot{z} = \Pi_{S_{\mathcal{J}}^{\star}} [\mathcal{A}z + \varepsilon \nabla_{z} \widehat{P}(t,\xi,I,z)]. \end{cases}$$
(3.3)

We thus have the Hamiltonian function

$$\widehat{H}_{\mathcal{J}}(t,\zeta) = \mathcal{K}(\Pi_{S_{\mathcal{J}}^{\star}}I) - \left\langle \nabla \mathcal{K}(0) , \Pi_{S_{\mathcal{J}}^{\star}}I \right\rangle + \frac{1}{2} \left\langle \mathcal{A}\Pi_{S_{\mathcal{J}}^{\sharp}}z , \Pi_{S_{\mathcal{J}}^{\sharp}}z \right\rangle + \varepsilon \widehat{P}(t, \Pi_{S_{\mathcal{J}}^{\star}}\xi, \Pi_{S_{\mathcal{J}}^{\star}}I, \Pi_{S_{\mathcal{J}}^{\sharp}}z) \,.$$

Notice that the function

$$\widehat{P}_{\mathcal{J}}(t,\xi,I,z) = \widehat{P}(t,\Pi_{S_{\mathcal{J}}^{\star}}\xi,\Pi_{S_{\mathcal{J}}^{\star}}I,\Pi_{S_{\mathcal{J}}^{\sharp}}z)$$

satisfies both (L) and ( $\mathbf{P}_{\tau}$ ) with the same constants, for every index  $\mathcal{J} \geq 1$ , and observe that system (3.3) is equivalent to

$$\begin{cases} \vec{\xi}_{j} = \nabla \mathcal{K}_{j}(\vec{I}_{j}) - \nabla \mathcal{K}_{j}(0) + \varepsilon \nabla_{\vec{I}_{j}} \hat{P}_{\mathcal{J}}(t, \xi, I, z) \\ -\vec{I}_{j} = \varepsilon \nabla_{\vec{\xi}_{j}} \hat{P}_{\mathcal{J}}(t, \xi, I, z) & j \leq \mathcal{J}, \\ J \vec{z}_{j} = \mathcal{A}_{j} \vec{z}_{j} + \varepsilon \nabla_{\vec{z}_{j}} \hat{P}_{\mathcal{J}}(t, \xi, I, z) \\ \vec{\xi}_{i} = 0 \\ -\vec{I}_{i} = 0 \\ J \vec{z}_{i} = 0 \end{cases}$$

$$(3.4)$$

It can be viewed as two uncoupled systems, the first one in a finite-dimensional space (the "approximating system"), and the second one, infinite-dimensional, having only constant solutions. From now on, we will take  $\vec{\xi}_i(t), \vec{I}_i(t), \vec{z}_i(t)$  identically equal to zero when  $i \geq \mathcal{J}$ .

Concerning the "approximating system", we will need the following slight modification of [7, Corollary 2.3]. Let us consider the finite-dimensional Hamiltonian system

$$J\dot{\zeta} = \nabla_{\zeta} H(t,\zeta) \,, \tag{3.5}$$

with  $\zeta = (\xi, I, z) \in \mathbb{R}^{N+N+2M}$ , where the Hamiltonian function is *T*-periodic in *t*. Here we use the notation  $\xi = (\vec{\xi_1}, \dots, \vec{\xi_J})$ ,  $I = (\vec{I_1}, \dots, \vec{I_J})$ .

**Theorem 3.2.** Assume that  $H(t,\zeta) = \frac{1}{2} \langle \mathbb{A}z, z \rangle + G(t,\zeta)$ , where  $\mathbb{A}$  is a symmetric  $2M \times 2M$  matrix such that  $z \equiv 0$  is the unique *T*-periodic solution of equation  $J\dot{z} = \mathbb{A}z$ , and there exists a constant  $c_1$  such that

$$|\nabla_{\zeta} G(t,\zeta)| \le c_1$$
, for every  $(t,\zeta) \in \mathbb{R} \times \mathbb{R}^{2(M+N)}$ 

Let  $G(t, \xi, I, z)$  be periodic in the variables  $\xi_1, \ldots, \xi_N$ . Assume moreover the existence of some positive constants  $r'_j < r''_j$  and symmetric invertible matrices  $\mathcal{B}_j$ , with  $j = 1, \ldots, \mathcal{J}$ , such that, for any solution  $\zeta(t) = (\xi(t), I(t), z(t))$  of (3.5), if

$$r'_{j} \leq \|\vec{I_{j}}(0) - \vec{I_{j}}^{0}\| \leq r''_{j} \quad and \quad \|\vec{I_{i}}(0) - \vec{I_{i}}^{0}\| \leq r''_{i} \text{ for every } i \neq j \,,$$

then

$$\left\langle \vec{\xi}_j(T) - \vec{\xi}_j(0), \mathcal{B}_j(\vec{I}_j(0) - \vec{I}_j^0) \right\rangle > 0.$$

Then, there are at least N+1 geometrically distinct T-periodic solutions  $\zeta(t) = (\xi(t), I(t), z(t))$  of (3.5), such that

$$\|\vec{I}_{j}(0) - \vec{I}_{j}^{0}\| < r'_{j}, \quad \text{for every } j = 1, \dots, \mathcal{J}.$$

#### 4 **Proof of Theorem 2.1**

In what follows, we always assume that  $|\varepsilon| \le 1$ , and we denote by  $\overline{\rho}$  the constant introduced in assumption **(Tw)**. Moreover, as in the previous section, we assume  $I^0 = 0$ .

**Lemma 4.1.** There is a constant C > 0 with the following property: if  $\zeta(t) = (\xi(t), I(t), z(t))$  is a solution of (3.2) with  $\|\vec{I}_j(0)\| \leq \bar{\rho}$ , for some  $j \geq 1$ , then

$$\|\vec{\xi}_{j}(t) - \vec{\xi}_{j}(0) - t[\nabla \mathcal{K}_{j}(\vec{I}_{j}(0)) - \nabla \mathcal{K}_{j}(0)]\| + \|\vec{I}_{j}(t) - \vec{I}_{j}(0)\| \le C|\varepsilon|a_{j}^{\star}, \text{ for every } t \in [0, T].$$

The same property holds for the solutions of (3.4), when j = 1, ..., J.

*Proof.* Let us start computing, for every  $t \in [0, T]$  and every  $k \in \{S_{j-1}^{\star} + 1, \dots, S_{j-1}^{\star} + N_j^{\star} = S_j^{\star}\}$ ,

$$|I_k(t) - I_k(0)| \le \int_0^t |\dot{I}_k(s)| \, ds \le |\varepsilon| \int_0^T \left| \frac{\partial \widehat{P}}{\partial \xi_k}(s, \zeta(s)) \right| \, ds \le |\varepsilon| \, T\alpha_k^\star.$$

Then we easily get

$$\|\vec{I}_{j}(t) - \vec{I}_{j}(0)\| \le |\varepsilon| T \Big( \sum_{i=1}^{N_{j}^{\star}} (\alpha_{S_{j-1}+i}^{\star})^{2} \Big)^{1/2} = |\varepsilon| T a_{j}^{\star}.$$

Moreover,

$$\begin{split} \|\vec{\xi}_{j}(t) - \vec{\xi}_{j}(0) - t[\nabla \mathcal{K}_{j}(\vec{I}_{j}(0)) - \nabla \mathcal{K}_{j}(0)]\| &\leq \int_{0}^{t} \|\dot{\vec{\xi}}_{j}(s) - [\nabla \mathcal{K}_{j}(\vec{I}_{j}(0)) - \nabla \mathcal{K}_{j}(0)]\| \, ds \\ &\leq \int_{0}^{T} \|\nabla \mathcal{K}_{j}(\vec{I}_{j}(s)) - \nabla \mathcal{K}_{j}(\vec{I}_{j}(0))\| \, ds + |\varepsilon| \int_{0}^{T} \|\nabla \nabla_{\vec{I}_{j}} \widehat{P}(s, \zeta(s))\| \, ds \\ &\leq \int_{0}^{T} L \|\vec{I}_{j}(s) - \vec{I}_{j}(0)\| \, ds + |\varepsilon| \, Ta_{j}^{*} \\ &\leq |\varepsilon| \, T(1 + LT)a_{j}^{*} \,, \end{split}$$

where *L* is a suitable Lipschitz constant provided by (L). The proof is thus completed.

**Lemma 4.2.** There exist  $\bar{\varepsilon} > 0$  and a sequence  $(\delta_j)_j$  in  $\ell^2$ , with  $\delta_j \in ]0, \bar{\rho}]$ , satisfying the following property: if  $\zeta(t) = (\xi(t), I(t), z(t))$  is a solution of (3.2), with  $|\varepsilon| < \bar{\varepsilon}$  and  $\delta_j \leq ||\vec{I}_j(0)|| \leq \bar{\rho}$ , for some  $j \geq 1$ , then

$$\left\langle \vec{\xi}_j(T) - \vec{\xi}_j(0), \mathcal{B}_j \vec{I}_j(0) \right\rangle > 0$$

The same property holds for the solutions of (3.4), when j = 1, ..., J.

*Proof.* If  $\|\vec{I}_{j}(0)\| \leq \bar{\rho}$  for some  $j \geq 1$ , then, by Lemma 4.1 and **(Tw)**,

$$\left\langle \vec{\xi}_j(T) - \vec{\xi}_j(0), \mathcal{B}_j \vec{I}_j(0) \right\rangle = \left\langle \vec{\xi}_j(T) - \vec{\xi}_j(0) - T[\nabla \mathcal{K}_j(\vec{I}_j(0)) - \nabla \mathcal{K}_j(0)], \mathcal{B}_j \vec{I}_j(0) \right\rangle + + T \left\langle \nabla \mathcal{K}_j(\vec{I}_j(0)) - \nabla \mathcal{K}_j(0), \mathcal{B}_j \vec{I}_j(0) \right\rangle \\ \ge -C|\varepsilon|a_j^* \|\mathcal{B}_j\| \|\vec{I}_j(0)\| + T\bar{\varepsilon}\|\vec{I}_j(0)\|^2 \\ = \left( -C|\varepsilon|a_j^* \|\mathcal{B}_j\| + T\bar{\varepsilon}\|\vec{I}_j(0)\| \right) \|\vec{I}_j(0)\|.$$

Setting

$$\delta_j := \min\left\{\bar{\rho}, \frac{2C}{\bar{c}T} a_j^\star \|\mathcal{B}_j\|\right\},\,$$

we easily verify that  $(\delta_j)_j \in \ell^2$ , since  $(||\mathcal{B}_j||)_j$  is bounded by  $||\mathcal{B}||$  and  $(a_j^*)_j \in \ell^2$ ; in particular, there exists an integer  $j_0$  such that

$$\delta_j = \frac{2C}{\overline{c}T} a_j^* \|\mathcal{B}_j\|, \quad \text{for every } j \ge j_0$$

So, we see that, since  $|\varepsilon| \leq 1$  and  $\|\vec{I}_j(0)\| \geq \delta_j$ ,

$$-C|\varepsilon|a_j^{\star} \|\mathcal{B}_j\| + T\bar{c}\|\vec{I}_j(0)\| > 0,$$

for every  $j \ge j_0$ . For the remaining finite number of integers  $j \in \{1, ..., j_0 - 1\}$  we simply need to choose  $|\varepsilon|$  sufficiently small, thus finishing the proof.

**Remark 4.3.** When *X* is finite-dimensional, the above estimate simplifies, in view of the compactness of the closed balls centered at the origin, so the first condition in **(Tw')** is sufficient in this case. Concerning the second condition in **(Tw')**, we see that it guarantees the existence of a sequence of balls, with smaller and smaller radii, over which the twist condition still holds.

Notice that the set

$$\Xi_I = \prod_{j=1}^{\infty} B^{N_j^{\star}}[0, \delta_j + Ca_j^{\star}],$$

where  $B^n[0, R]$  denotes the closed ball  $\{v \in \mathbb{R}^n : \|v\| \le R\}$ , is compact, being homeomorphic to a Hilbert cube. We now modify the function  $\mathcal{K}$  outside  $\Xi_I$ , in order that the gradient of the modified function be bounded. Let  $R_I > 0$  be such that  $\Xi_I \subseteq \{v \in X : \|v\| \le R_I\}$ , and  $\psi : \mathbb{R} \to \mathbb{R}$  be a smooth decreasing function such that

$$\psi(s) = 1$$
 if  $s \leq R_I$ ,  $\psi(s) = 0$  if  $s \geq 2R_I$ .

Define  $\widetilde{\mathcal{K}}: X \to \mathbb{R}$  as  $\widetilde{\mathcal{K}}(I) = \psi(\|I\|)\mathcal{K}(I)$ . Then, when  $I \neq 0$ ,

$$\left\|\nabla\widetilde{\mathcal{K}}(I)\right\| = \left\|\psi'(\|I\|)\mathcal{K}(I)\frac{I}{\|I\|} + \psi(\|I\|)\nabla\mathcal{K}(I)\right\| \le c_1|K(I)| + \left\|\nabla\mathcal{K}(I)\right\|,$$

for some  $c_1 > 0$ . By assumption (L), we can find a Lipschitz constant L such that, for every  $s \in [0,1]$ , if  $||I|| \le 2R_I$ ,

$$\|\nabla \mathcal{K}(sI)\| \le \|\nabla \mathcal{K}(sI) - \nabla \mathcal{K}(0)\| + \|\nabla \mathcal{K}(0)\| \le L\|I\| + \|\nabla \mathcal{K}(0)\|.$$

Moreover,

$$|K(I)| = \left| K(0) + \int_0^1 \langle \nabla \mathcal{K}(sI), I \rangle \, ds \right| \le |K(0)| + \sup_{s \in [0,1]} \|\nabla \mathcal{K}(sI)\| \, \|I\|$$
$$\le |K(0)| + (L\|I\| + \|\nabla \mathcal{K}(0)\|) \, \|I\|.$$

Hence,

$$\|\nabla \mathcal{K}(I)\| \le c_1 |K(0)| + (2R_I c_1 + 1)(2R_I L + \|\nabla \mathcal{K}(0)\|), \quad \text{for every } I \in X.$$

We define  $\mathbb{A} = \text{diag}(\mathcal{A}_1, \dots, \mathcal{A}_{\mathcal{J}})$  as a *block-diagonal* matrix having a diagonal formed by the matrices  $\mathcal{A}_1, \dots, \mathcal{A}_{\mathcal{J}}$  introduced in **(Dec1)**, i.e. such that

$$\mathbb{A}(\vec{z}_1,\ldots,\vec{z}_{\mathcal{J}}) = (\mathcal{A}_1\vec{z}_1,\ldots,\mathcal{A}_{\mathcal{J}}\vec{z}_{\mathcal{J}})$$

It is easy to verify, using **(NR)**, that  $z \equiv 0$  is the unique *T*-periodic solution of equation  $J\dot{z} = Az$ . Then, by Theorem 3.2, for every  $\mathcal{J}$  there is a *T*-periodic solution

$$\zeta_{\mathcal{J}}(t) = (\xi_{\mathcal{J}}(t), I_{\mathcal{J}}(t), z_{\mathcal{J}}(t))$$
$$\|\vec{I}_{\mathcal{J}_{j}}(0)\| < \delta_{j}, \quad \text{for every } j \ge 1.$$
(4.1)

of (3.4), with

$$\|\vec{I}_{\mathcal{J}_j}(t)\| \le \delta_j + Ca_j^{\star}, \quad \text{for every } t \in [0, T],$$
$$I_{\mathcal{J}}(t) \in \Xi_I, \quad \text{for every } t \in [0, T].$$
(4.2)

i.e.,

Let us now consider the component  $\xi_{\mathcal{J}}(t)$  of the solution. By the periodicity assumption  $(\mathbf{P}_{\tau})$ , we can assume without loss of generality that  $\xi_k(0) \in [0, \tau_k]$ , for every  $k \ge 1$ . From Lemma 4.1, property (L) and (4.1), we have

$$|\xi_k(t) - \xi_k(0)| \le \|\vec{\xi_j}(t) - \vec{\xi_j}(0)\| \le Ca_j^* + TL\delta_j$$
, for every  $t \in [0, T]$ ,

for a suitable Lipschitz constant *L*. Setting  $b_k := Ca_j^* + TL\delta_j$ , where *j* is the index such that  $S_{j-1}^* < k \le S_j^*$ , and defining

$$\Xi_{\xi} = \prod_{k=1}^{\infty} \left[ -b_k, \tau_k + b_k \right],$$

we have that

 $\xi_{\mathcal{J}}(t) \in \Xi_{\xi}$ , for every  $t \in [0, T]$ . (4.3)

We now need an a priori estimate on  $z_{\mathcal{J}}(t)$ .

**Lemma 4.4.** There exists a sequence  $(R_j)_j \in \ell^2$  of positive constants such that, for every *T*-periodic solution  $\zeta(t) = (\xi(t), I(t), z(t))$  of (3.2), we have

$$\|\vec{z}_j\|_{\mathcal{C}([0,T],\mathbb{R}^{2N_j^{\sharp}})} \leq |\varepsilon|R_j\,,$$

for every  $j \ge 1$ . The same property holds for every *T*-periodic solution of (3.4), when j = 1, ..., J.

*Proof.* Fix  $j \ge 1$  and consider the *j*-th block of the third equation in (3.2), i.e.

$$\mathcal{L}_{j}\vec{z}_{j} = \mathcal{A}_{j}\vec{z}_{j} + \varepsilon \nabla_{\vec{z}_{j}}\widehat{P}(t,\zeta), \qquad (4.4)$$

where  $\mathcal{L}_j$  denotes the *j*-th block of the linear operator  $\mathcal{L}$  introduced in (NR), i.e.

$$\mathcal{L}_j \vec{z}_j = \mathcal{L}_j (z_{S_{j-1}^{\sharp}+1}, \dots, z_{S_j^{\sharp}}) = (J \dot{z}_{S_{j-1}^{\sharp}+1}, \dots, J \dot{z}_{S_j^{\sharp}}).$$

$$(4.5)$$

From hypothesis (**Dec1**), we have  $\sigma(\mathcal{L}_j - \mathcal{A}_j) \subseteq \sigma(\mathcal{L} - \mathcal{A})$ . Hence, using (**NR**),  $0 \notin \sigma(\mathcal{L}_j - \mathcal{A}_j)$  and (4.4) is equivalent to

$$\vec{z}_j = \varepsilon (\mathcal{L}_j - \mathcal{A}_j)^{-1} \nabla_{\vec{z}_j} \widehat{P}(t, \zeta) \,.$$

Moreover,

$$\|(\mathcal{L}_j - \mathcal{A}_j)^{-1}\| = \frac{1}{\operatorname{dist}(0, \sigma(\mathcal{L}_j - \mathcal{A}_j))} \le \frac{1}{\operatorname{dist}(0, \sigma(\mathcal{L} - \mathcal{A}))} = \|(\mathcal{L} - \mathcal{A})^{-1}\|,$$

and consequently, setting  $r_j := \sqrt{T}a_j^{\sharp} \|(\mathcal{L} - \mathcal{A})^{-1}\|$ , we have that

$$\|\vec{z}_{j}\|_{L^{2}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq |\varepsilon| \, \|(\mathcal{L}_{j}-\mathcal{A}_{j})^{-1}\| \cdot \|\nabla_{\vec{z}_{j}}\widehat{P}\|_{L^{2}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq |\varepsilon|r_{j}.$$

Since  $\vec{z}_j$  solves (4.4), we have that  $\dot{\vec{z}}_j \in L^2([0,T], \mathbb{R}^{2N_j^{\sharp}})$ , and

$$\left\| \dot{\vec{z}}_{j} \right\|_{L^{2}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq \left\| \mathcal{A}_{j} \right\| \left\| \vec{z}_{j} \right\|_{L^{2}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} + |\varepsilon|\sqrt{T}a_{j}^{\sharp} \leq |\varepsilon| \left( \left\| \mathcal{A}_{j} \right\| r_{j} + \sqrt{T}a_{j}^{\sharp} \right).$$

So, setting  $C_j = (1 + ||\mathcal{A}_j||)r_j + \sqrt{T}a_j^{\sharp}$ ,

$$\|\vec{z}_{j}\|_{H^{1}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq |\varepsilon|C_{j}.$$
(4.6)

By the continuous immersion of  $H^1([0,T],Z)$  in C([0,T],Z), cf. [14, §23.6], we can find a constant  $\chi > 0$  such that

$$||z||_{\mathcal{C}([0,T],Z)} \le \chi ||z||_{H^1([0,T],Z)},$$

for every  $z \in H^1([0,T], Z)$ . Since  $C([0,T], \mathbb{R}^{2N_j^{\sharp}})$  and  $H^1([0,T], \mathbb{R}^{2N_j^{\sharp}})$  can be seen as a subsets of C([0,T], Z) and  $H^1([0,T], Z)$ , respectively, simply adding an infinite number of null components, we obtain

$$\|\vec{z}_{j}\|_{\mathcal{C}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq \chi \|\vec{z}_{j}\|_{H^{1}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq |\varepsilon|\chi C_{j}.$$

The proof is thus completed, taking  $R_j = \chi C_j$ .

Defining

 $\Xi_z = \prod_{j=1}^{\infty} B^{2N_j^{\sharp}}[0, R_j],$ 

we have thus proved that

$$z_{\mathcal{J}}(t) \in \Xi_z$$
, for every  $t \in [0, T]$ . (4.7)

Summing up, by (4.2), (4.3), (4.7), we have that, setting  $\Xi = \Xi_{\xi} \times \Xi_I \times \Xi_z$ , the *T*-periodic solutions we found satisfy

$$\zeta_{\mathcal{J}}(t) = (\xi_{\mathcal{J}}(t), I_{\mathcal{J}}(t), z_{\mathcal{J}}(t)) \in \Xi$$
, for every  $t \in [0, T]$ .

Notice that  $\Xi$  is compact, being the product of three compact sets. We will now prove that there is a subsequence of  $(\zeta_J)_J$  which uniformly converges to a solution of (3.2).

From (4.6), recalling that  $|\varepsilon| \leq 1$ , we have

$$\|z_{\mathcal{J}}(t_1) - z_{\mathcal{J}}(t_2)\| \le |t_1 - t_2|^{1/2} \left( \int_0^T \|\dot{z}_{\mathcal{J}}(s)\|^2 \, ds \right)^{1/2} \le |t_1 - t_2|^{1/2} \left( \sum_{j=1}^\infty C_j^2 \right)^{1/2}.$$

Looking at the variables  $I_{\mathcal{J}}(t)$ , by (**P**<sub>bd</sub>) we have that

$$\|I_{\mathcal{J}}(t_1) - I_{\mathcal{J}}(t_2)\| \le |t_2 - t_1|^{1/2} \left( \int_0^T \|\dot{I}_{\mathcal{J}}(s)\|^2 \, ds \right)^{1/2} \le |t_2 - t_1|^{1/2} \sqrt{T} \, \|a^\star\|_{\ell^2} \, .$$

Concerning the variables  $\xi_{\mathcal{J}}(t)$ , we first observe that

$$\begin{aligned} \|\dot{\xi}_{\mathcal{J}}(s)\| &\leq \|\nabla \mathcal{K}(I_{\mathcal{J}}(s)) - \nabla \mathcal{K}(0)\| + \|a^{\star}\|_{\ell^{2}} \\ &\leq L\|I_{\mathcal{J}}(s)\| + \|a^{\star}\|_{\ell^{2}} \leq L\Big(\sum_{j=1}^{\infty} (\delta_{j} + Ca_{j}^{\star})^{2}\Big)^{1/2} + \|a^{\star}\|_{\ell^{2}} := \widehat{C} \,, \end{aligned}$$

where L is a suitable Lipschitz constant provided by (L). Then,

$$\|\xi_{\mathcal{J}}(t_1) - \xi_{\mathcal{J}}(t_2)\| \le |t_2 - t_1|^{1/2} \left( \int_0^T \|\dot{\xi}_{\mathcal{J}}(s)\|^2 \, ds \right)^{1/2} \le |t_2 - t_1|^{1/2} \sqrt{T} \, \widehat{C} \, .$$

Hence, the sequence  $(\zeta_{\mathcal{J}})_{\mathcal{J}}$  is equi-uniformly continuous on [0, T] and takes its values in a compact subset of  $\mathcal{X}$ . By the Ascoli–Arzelà Theorem, we find a subsequence, still denoted by  $(\zeta_{\mathcal{J}})_{\mathcal{J}}$ , which uniformly converges to a certain continuous function  $\zeta^{\natural} : [0, T] \to \mathcal{X}$ , such that  $\zeta^{\natural}(t) \in \Xi$  for every  $t \in [0, T]$ , and  $\zeta^{\natural}(0) = \zeta^{\natural}(T)$ . We are going to prove that  $\zeta^{\natural}$  solves (3.2), following the lines of the proof of [3, Theorem 3].

Let us consider the solution  $\zeta_{\infty}$  of system (3.2) such that  $\zeta_{\infty}(0) = \zeta^{\natural}(0)$  which, by the boundedness of  $\nabla \mathcal{K}$  and  $\nabla_{\zeta} \hat{P}$ , is certainly defined on [0,T]. We will prove that the sequence  $(\zeta_{\mathcal{J}})_{\mathcal{J}}$ converges uniformly to  $\zeta_{\infty}$ , thus obtaining that  $\zeta_{\infty} = \zeta^{\natural}$ . To this aim, we write the integral formulation of systems (3.2) and (3.3), for  $\mathcal{J} \geq 1$ :

$$\zeta_{\infty}(t) = \zeta_{\infty}(0) - \int_0^t J \nabla_{\zeta} \widehat{H}(s, \zeta_{\infty}(s)) \, ds \,, \tag{4.8}$$

$$\zeta_{\mathcal{J}}(t) = \zeta_{\mathcal{J}}(0) - \int_0^t J \nabla_{\zeta} \widehat{H}_{\mathcal{J}}(s, \zeta_{\mathcal{J}}(s)) \, ds \,. \tag{4.9}$$

In order to simplify the notations, we introduce the projection

$$\mathscr{P}_{\mathcal{J}}(\zeta) = \mathscr{P}_{\mathcal{J}}(\xi, I, z) = (\prod_{S_{\mathcal{J}}^{\star}} \xi, \prod_{S_{\mathcal{J}}^{\star}} I, \prod_{S_{\mathcal{J}}^{\sharp}} z).$$

Let us write

$$\left\|\zeta_{\mathcal{J}}(t) - \zeta_{\infty}(t)\right\| \le \left\|\zeta_{\mathcal{J}}(t) - \mathscr{P}_{\mathcal{J}}\zeta_{\infty}(t)\right\| + \left\|\mathscr{P}_{\mathcal{J}}\zeta_{\infty}(t) - \zeta_{\infty}(t)\right\|.$$

By an elementary argument,

$$\|\mathscr{P}_{\mathcal{J}}\zeta_{\infty}(t) - \zeta_{\infty}(t)\| \to 0, \quad \text{as } \mathcal{J} \to \infty,$$
(4.10)

uniformly with respect to  $t \in [0, T]$ . From (4.8) and (4.9), since  $\mathscr{P}_{\mathcal{J}}J = J\mathscr{P}_{\mathcal{J}}$ , we have

$$\begin{aligned} \|\zeta_{\mathcal{J}}(t) - \mathscr{P}_{\mathcal{J}}\zeta_{\infty}(t)\| &\leq \|\zeta_{\mathcal{J}}(0) - \mathscr{P}_{\mathcal{J}}\zeta_{\infty}(0)\| + \\ &+ \int_{0}^{t} \|J\nabla_{\zeta}\widehat{H}_{\mathcal{J}}(s,\zeta_{\mathcal{J}}(s)) - J\mathscr{P}_{\mathcal{J}}\nabla_{\zeta}\widehat{H}(s,\zeta_{\infty}(s))\| \, ds \,. \end{aligned}$$
(4.11)

Notice that

$$\|\zeta_{\mathcal{J}}(0) - \mathscr{P}_{\mathcal{J}}\zeta_{\infty}(0)\| \le \|\zeta_{\mathcal{J}}(0) - \zeta_{\infty}(0)\| = \|\zeta_{\mathcal{J}}(0) - \zeta^{\natural}(0)\| \to 0, \quad \text{as } \mathcal{J} \to \infty.$$
(4.12)

Since  $\nabla_{\zeta} \hat{H}_{\mathcal{J}}(s, \zeta_{\mathcal{J}}(s)) = \mathscr{P}_{\mathcal{J}} \nabla_{\zeta} \hat{H}(s, \zeta_{\mathcal{J}}(s))$ , the integral term in (4.11) satisfies

$$\int_0^t \left\| J \mathscr{P}_{\mathcal{J}} \Big( \nabla_{\zeta} \widehat{H}(s, \zeta_{\mathcal{J}}(s)) - \nabla_{\zeta} \widehat{H}(s, \zeta_{\infty}(s)) \Big) \right\| ds \le L \int_0^t \left\| \zeta_{\mathcal{J}}(s) - \zeta_{\infty}(s) \right\| ds,$$

where L is a suitable Lipschitz constant. Summing up, we have

$$\|\zeta_{\mathcal{J}}(t) - \zeta_{\infty}(t)\| \le c_{\mathcal{J}} + L \int_0^t \|\zeta_{\mathcal{J}}(s) - \zeta_{\infty}(s)\| \, ds \,,$$

where  $(c_{\mathcal{J}})_{\mathcal{J}}$  is a sequence, provided by the limits in (4.10) and (4.12), such that  $\lim_{\mathcal{J}} c_{\mathcal{J}} = 0$ . Hence, by Gronwall's Lemma,

$$\|\zeta_{\mathcal{J}}(t) - \zeta_{\infty}(t)\| \le c_{\mathcal{J}}e^{Lt}$$
, for every  $t \in [0, T]$ ,

implying that  $\zeta_{\mathcal{J}} \to \zeta_{\infty}$  uniformly on [0, T]. We conclude that  $\zeta_{\infty} = \zeta^{\natural}$  on [0, T], thus showing that  $\zeta_{\infty}(0) = \zeta_{\infty}(T)$ , so that  $\zeta_{\infty}$  is a *T*-periodic solution of (3.2).

By the inverse change of variables

$$(\varphi(t), I(t), z(t)) = (\xi(t) + t\nabla \mathcal{K}(I^0), I(t), z(t)),$$

cf. (3.1), we have a solution of (2.1), satisfying (2.2). Moreover, condition (2.3) holds true, by Lemmas 4.1 and 4.4, suitably reducing, if necessary, the value of  $\bar{\varepsilon}$ . The proof of Theorem 2.1 is thus completed.

# 5 Applications

#### 5.1 Coupling second order with linear systems

We first state a simple lemma, which may be useful for the verification of the twist condition.

**Lemma 5.1.** If there exists  $I^0 \in X$  such that  $\mathcal{K} : X \to \mathbb{R}$  is twice continuously differentiable at  $I^0$  and  $\mathcal{K}''(I^0) : X \to X$  is invertible, with bounded inverse, then there exist two positive constants  $\bar{c}$ ,  $\bar{\rho}$  such that

$$\|I - I^0\| \le \bar{\rho} \quad \Rightarrow \quad \left\langle \nabla \mathcal{K}(y) - \nabla \mathcal{K}(I^0), \, \mathcal{K}''(I^0)(y - I^0) \right\rangle \ge \bar{c} \, \|y - I^0\|^2.$$

Moreover, if dim  $X = \infty$  and, with the usual notation,  $\mathcal{K}(I) = \sum_{j=1}^{\infty} \mathcal{K}_j(\vec{I}_j)$ , then condition **(Tw)** holds.

*Proof.* Since  $\mathcal{B} := \mathcal{K}''(I^0) : X \to X$  is invertible with bounded inverse, there exists  $\gamma > 0$  such that  $\|\mathcal{B}I\| \ge \gamma \|I\|$  for every  $I \in X$ . Then,

$$\langle \nabla \mathcal{K}(I) - \nabla \mathcal{K}(I^{0}), \mathcal{B}(I - I^{0}) \rangle = = \int_{0}^{1} \langle \mathcal{K}'' (I^{0} + s(I - I^{0})) (I - I^{0}), \mathcal{B}(I - I^{0}) \rangle ds = \|\mathcal{B}(I - I^{0})\|^{2} + \int_{0}^{1} \langle [\mathcal{K}'' (I^{0} + s(I - I^{0})) - \mathcal{B}] (I - I^{0}), \mathcal{B}(I - I^{0}) \rangle ds \ge (\gamma^{2} - \|\mathcal{B}\| \cdot \|\mathcal{K}'' (I^{0} + s(I - I^{0})) - \mathcal{B}\|) \|I - I^{0}\|^{2}.$$

Since  $\mathcal{K}''$  is continuous at  $I^0$ , there exists  $\bar{\rho} > 0$  such that, if  $I \in X$  satisfies  $||I - I^0|| \leq \bar{\rho}$ , then

$$\|\mathcal{K}''(I) - \mathcal{B}\| = \|\mathcal{K}''(I) - \mathcal{K}''(I^0)\| \le \frac{\gamma^2}{2\|\mathcal{B}\|},$$

so

$$\left\langle \nabla \mathcal{K}(I) - \nabla \mathcal{K}(I^0), \mathcal{B}(I - I^0) \right\rangle \ge \frac{\gamma^2}{2} \|I - I^0\|^2,$$
(5.1)

and the first part of the lemma is thus proved.

Assume now that  $\mathcal{K}(I) = \sum_{i=1}^{\infty} \mathcal{K}_i(\vec{I}_i)$ . We have that

$$\mathcal{B}I = (\mathcal{B}_1\vec{I}_1,\ldots,\mathcal{B}_j\vec{I}_j,\ldots)$$

where  $\mathcal{B}_j = \mathcal{K}''_j(\vec{I}_j^0)$ . Then, **(Tw)** is verified directly from (5.1) defining, for every  $j \in \{1, 2, ...\}$ , the vector I as  $\vec{I}_i = \vec{I}_i^0$  if  $i \neq j$ , once  $\vec{I}_j$  has been chosen.

We thus have the following.

**Corollary 5.2.** Assume (L), ( $\mathbf{P}_{\tau}$ ), ( $\mathbf{P}_{bd}$ ), (NR), (Dec1), (Dec2) and ( $\mathbf{C}_{\tau}$ ) hold. If  $\mathcal{K} : X \to \mathbb{R}$  is twice continuously differentiable at  $I^0$  and  $\mathcal{K}''(I^0) : X \to X$  is invertible, with bounded inverse, then there exists  $\bar{\varepsilon} > 0$  such that, if  $|\varepsilon| \leq \bar{\varepsilon}$ , system (2.1) has a *T*-periodic solution.

Let us now consider an equation in an infinite-dimensional space of the type

$$\begin{cases} \frac{d}{dt} \left( \nabla \Phi \circ \dot{x} \right) = \varepsilon \, \nabla_x F(t, x, z) \\ J \dot{z} = \mathcal{A} z + \varepsilon \nabla_z F(t, x, z) \,. \end{cases}$$
(5.2)

Let, for definiteness,  $\dim X = \infty$  and  $\dim Z = \infty$ . Concerning the bounded selfadjoint operator  $\mathcal{A}$ , we require the nonresonance assumption **(NR)** and that it decomposes as in **(Dec1)**. For the differential operator in the first equation, we suppose that there exists a sequence of positive integers  $(N_j)_{j\geq 1}$  such that, writing any vector  $y \in X$  as  $y = (\vec{y}_1, \dots, \vec{y}_j, \dots)$ , with  $\vec{y}_j \in \mathbb{R}^{N_j}$ ,

$$\Phi(y) = \sum_{j=1}^{\infty} \Phi_j(\vec{y}_j) \,,$$

where each  $\Phi_j$  is a continuous real valued strictly convex function defined on a closed ball  $\overline{B}(0, a_j)$  in  $\mathbb{R}^{N_j}$ , continuously differentiable in the open ball  $B(0, a_j)$ , with  $\nabla \Phi_j : B(0, a_j) \to X$  being a homeomorphism, and  $\nabla \Phi_j(0) = 0$ .

Denoting by  $\Phi_j^*$  the Legendre–Fenchel transform of  $\Phi_j$ , we have that  $\Phi_j^* : X \to \mathbb{R}$  is strictly convex and coercive, with  $\nabla \Phi^* = (\nabla \Phi)^{-1} : X \to B(0, a)$ , cf. [11, Chapter 2]. We can define

$$\Phi^*(y) = \sum_{j=1}^{\infty} \Phi_j^*(\vec{y}_j) \,,$$

so that system (5.2) can be written as a Hamiltonian system

$$\begin{cases} \dot{x} = \nabla \Phi^*(y) \\ \dot{y} = \varepsilon \, \nabla_x F(t, x, z) \\ J \dot{z} = \mathcal{A} z + \varepsilon \nabla_z F(t, x, z) \end{cases}$$

So, we are in the situation of system (2.1), taking  $\mathcal{K}(I) = \Phi^*(I)$  and  $P(t, \varphi, I, z) = F(t, \varphi, z)$ .

An example is provided by the choice

$$\Phi(y) = \sum_{j=1}^{\infty} \left( 1 - \sqrt{1 - \|\vec{y}_j\|^2} \right),$$

for which, writing  $x = (\vec{x}_1, \dots, \vec{x}_j, \dots)$ , system (5.2) becomes

$$\begin{cases} \frac{d}{dt} \frac{\dot{\vec{x}}_j}{\sqrt{1 - \|\dot{\vec{x}}_j\|^2}} = \varepsilon \,\nabla_{\vec{x}_j} F(t, x, z) \,, \qquad j = 1, 2, \dots \\ J\dot{z} = \mathcal{A}z + \varepsilon \nabla_z F(t, x, z) \,, \end{cases}$$
(5.3)

so that, in the first equation, we can see a kind of *relativistic operator*. We then have the following. **Corollary 5.3.** *In the above setting, assume moreover the following conditions:* 

(L) for every R > 0 there exists a positive constant  $L_R$  such that

$$\|\nabla_u F(t, u') - \nabla_u F(t, u'')\| \le L_R \|u' - u''\|,$$

for every 
$$t \in [0,T]$$
 and  $u' = (x',z'), u'' = (x'',z'') \in X \times Z$  with  $||u'|| < R$  and  $||u''|| < R$ ;

(**F**<sub> $\tau$ </sub>) the function F(t, x, z) is  $\tau_k$ -periodic in each  $x_k$ , and the sequence  $(\tau_k)_k$  belongs to  $\ell^2$ ;

(**F**<sub>bd</sub>) there exist  $(\alpha_k^{\star})_k$  and  $(\alpha_l^{\sharp})_l$  in  $\ell^2$  such that, for every k, l = 1, 2, ...,

$$\left|\frac{\partial F}{\partial x_k}(t,x,z)\right| \le \alpha_k^\star, \qquad \|\nabla_{z_l}F(t,x,z)\| \le \alpha_l^\sharp,$$

for every  $(t, x, z) \in [0, T] \times X \times Z$ .

Then, there exists  $\bar{\varepsilon} > 0$  such that, if  $|\varepsilon| \leq \bar{\varepsilon}$ , system (5.3) has a *T*-periodic solution.

*Proof.* Taking  $I^0 = 0$ , we have that  $\nabla \Phi^*(0) = 0$  and  $(\Phi^*)''(0) = \text{Id.}$  So, assumption ( $\mathbb{C}_{\tau}$ ) is fulfilled taking  $m_1 = m_2 = \cdots = 0$  and, in view of Lemma 5.1, we can apply Theorem 2.1 to conclude.

We have thus obtained an extension to infinite-dimensional systems of a result in [10].

Another possible situation where Theorem 2.1 applies is provided by the choice

$$\Phi(y) = \sum_{j=1}^{\infty} \left( \sqrt{1 + \|\vec{y}_j\|^2} - 1 \right).$$

In this case, we find

$$\Phi^*(y) = \sum_{j=1}^{\infty} \Phi_j^*(\vec{y}_j) = \sum_{j=1}^{\infty} \left( 1 - \sqrt{1 - \|\vec{y}_j\|^2} \right),$$

and the first equation in system (5.2) becomes

$$\frac{d}{dt} \frac{\dot{\vec{x}}_j}{\sqrt{1+\|\dot{\vec{x}}_j\|^2}} = \varepsilon \,\nabla_{\vec{x}_j} F(t,x,z) \,, \qquad j=1,2,\dots$$

involving a kind of mean curvature operator.

Since each  $\nabla \Phi_j^*$  is defined only on the open ball B(0, 1), we must first modify and extend the Hamiltonian function outside a ball B(0, r), with  $r \in ]0, 1[$ , and then be careful that the  $\vec{y}_j$  component of the *T*-periodic solution we find remains in B(0, r). We omit the details, for briefness. Stating the analogue of Corollary 5.3, we thus obtain an infinite-dimensional version of some results obtained in [8, 9] (see also [13], where bounded variation solutions are considered).

#### 5.2 Perturbations of "superintegrable" systems

In this section we study a slightly different situation with respect to system (2.1). We are going to consider the Hamiltonian system

$$\begin{cases} \dot{\varphi} = \nabla \mathcal{K}(I) + \eta^2 \nabla_I P(t, \varphi, I, z) \\ -\dot{I} = \eta^2 \nabla_{\varphi} P(t, \varphi, I, z) \\ J\dot{z} = \eta \mathcal{A}z + \eta^2 \nabla_z P(t, \varphi, I, z) , \end{cases}$$
(5.4)

with Hamiltonian function

$$H(t,\varphi,I,z) = \mathcal{K}(I) + \frac{\eta}{2} \langle \mathcal{A}z, z \rangle + \eta^2 P(t,\varphi,I,z) \,.$$

The following result extends to an infinite-dimensional setting [7, Theorem 4.1], which was motivated by the study of perturbations of superintegrable systems, cf. [12].

**Theorem 5.4.** Assume (L), ( $\mathbf{P}_{\tau}$ ), ( $\mathbf{P}_{bd}$ ), (Dec1), (Dec2), (Tw) and ( $\mathbf{C}_{\tau}$ ). Moreover let the operator  $\mathcal{A}$  be invertible with a bounded inverse. Then, for every  $\sigma > 0$  there exists  $\bar{\eta} > 0$  such that, if  $|\eta| \leq \bar{\eta}$ , system (5.4) has a solution satisfying (2.2) and (2.3).

Notice that the nonresonance assumption (NR) is not required here.

*Proof.* Arguing as above we can perform the change of variable (3.1) and set without loss of generality  $I^0 = 0$ , so to obtain

$$\begin{cases} \dot{\xi} = \nabla \mathcal{K}(I) - \nabla \mathcal{K}(0) + \eta^2 \nabla_I \hat{P}(t,\xi,I,z) \\ -\dot{I} = \eta^2 \nabla_{\xi} \hat{P}(t,\xi,I,z) \\ J\dot{z} = \eta \mathcal{A}z + \eta^2 \nabla_z \hat{P}(t,\xi,I,z) , \end{cases}$$
(5.5)

and, for every index  $\mathcal{J} \geq 1$ , its approximation

$$\begin{cases} \dot{\xi} = \Pi_{S_{\mathcal{J}}^{\star}} [\nabla \mathcal{K}(I) - \nabla \mathcal{K}(0) + \eta^2 \nabla_I \widehat{P}(t,\xi,I,z)] \\ -\dot{I} = \Pi_{S_{\mathcal{J}}^{\star}} [\eta^2 \nabla_{\xi} \widehat{P}(t,\xi,I,z)] \\ J\dot{z} = \Pi_{S_{\mathcal{J}}^{\sharp}} [\eta \mathcal{A}z + \eta^2 \nabla_z \widehat{P}(t,\xi,I,z)] . \end{cases}$$
(5.6)

Lemmas 4.1 and 4.2 holds again, simply replacing  $|\varepsilon|$  with  $\eta^2$  and  $\overline{\varepsilon}$  with  $\overline{\eta}^2$ . The statement and the proof of Lemma 4.4, however, must be modified as follows.

**Lemma 5.5.** There exists a sequence  $(r_j)_j \in \ell^2$  of positive constants such that, for every *T*-periodic solution  $\zeta(t) = (\xi(t), I(t), z(t))$  of (5.5) we have

$$\|\vec{z}_j\|_{L^2([0,T],\mathbb{R}^{2N_j^{\sharp}})} \le |\eta| r_j \,,$$

for every  $j \ge 1$ . The same conclusion holds for every solution of (5.6), when j = 1, ..., J.

*Proof.* Fix  $j \ge 1$  and consider the *j*-th block of the third equation in (5.6), i.e.

$$\mathcal{L}_j \vec{z}_j = \eta \mathcal{A}_j \vec{z}_j + \eta^2 \nabla_{\vec{z}_j} \widehat{P}(t,\zeta) \,, \tag{5.7}$$

where  $\mathcal{L}_j$  denotes the *j*-th block of the linear operator  $\mathcal{L}$ , cf. (4.5). From hypothesis (**Dec1**), we have that  $\sigma(\mathcal{L}_j - \eta \mathcal{A}_j) \subseteq \sigma(\mathcal{L} - \eta \mathcal{A})$ . We set  $\eta_0 = \min\{1, \frac{\pi}{T ||\mathcal{A}||}\}$  and, recalling that  $0 \notin \sigma(\mathcal{A})$ , we choose  $\delta \in (0, \frac{\pi}{T})$  such that  $\sigma(\mathcal{A}) \cap [-\delta, \delta] = \emptyset$ .

**Claim.** When  $|\eta| < \eta_0$ , every  $\lambda \in \sigma(\mathcal{L} - \eta \mathcal{A})$  satisfies  $|\lambda| > \delta |\eta|$ .

In order to prove this Claim, notice that, if  $\lambda \in \sigma(\mathcal{L}-\eta \mathcal{A})$ , there exists a non-trivial *T*-periodic solution *z* of  $Jz' = (\eta \mathcal{A} - \lambda I)z$ , so

$$\sigma(J(\eta \mathcal{A} - \lambda I)) \cap \frac{2\pi}{T} i\mathbb{Z} \neq \emptyset.$$
(5.8)

If  $|\lambda| \ge \pi/T$ , then  $|\lambda| > \delta > \delta |\eta|$ . So, we can assume  $|\lambda| < \pi/T$ . In this case, we have

$$\|J(\eta \mathcal{A} - \lambda I)\| \le |\eta| \, \|\mathcal{A}\| + |\lambda| < \frac{2\pi}{T} \, ,$$

so,

$$\mu \in \sigma (J(\eta \mathcal{A} - \lambda I)) \Rightarrow |\mu| \le ||J(\eta \mathcal{A} - \lambda I)|| < \frac{2\pi}{T}.$$

By (5.8), we have that  $0 \in \sigma(J(\eta A - \lambda I))$  and, since J is invertible,  $0 \in \sigma(\eta A - \lambda I)$ . Hence,  $\frac{\lambda}{\eta} \in \sigma(A)$  and so  $|\frac{\lambda}{\eta}| > \delta$ , thus proving the Claim.

From now on we assume  $|\eta| < \eta_0$ . By the Claim, in particular,  $0 \notin \sigma(\mathcal{L} - \eta \mathcal{A})$  and so  $\mathcal{L} - \eta \mathcal{A}$  is invertible, as well as  $\mathcal{L}_j - \eta \mathcal{A}_j$ , with bounded inverses. Hence, (5.7) is equivalent to

$$\vec{z}_j = \eta^2 (\mathcal{L}_j - \eta \mathcal{A}_j)^{-1} \nabla_{\vec{z}_j} \widehat{P}(t,\zeta)$$

Moreover,

$$\|(\mathcal{L}_j - \eta \mathcal{A}_j)^{-1}\| = \frac{1}{\operatorname{dist}(0, \sigma(\mathcal{L}_j - \eta \mathcal{A}_j))} \le \frac{1}{\operatorname{dist}(0, \sigma(\mathcal{L} - \eta \mathcal{A}))} \le \frac{1}{\delta |\eta|},$$

and consequently

$$\|\vec{z}_{j}\|_{L^{2}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq \eta^{2} \|(\mathcal{L}_{j} - \eta\mathcal{A}_{j})^{-1}\| \cdot \|\nabla_{\vec{z}_{j}}\widehat{P}\|_{L^{2}([0,T],\mathbb{R}^{2N_{j}^{\sharp}})} \leq \frac{\eta^{2}\sqrt{T}a_{j}^{\sharp}}{\delta|\eta|} = |\eta|\frac{\sqrt{T}a_{j}^{\sharp}}{\delta},$$

thus concluding the proof of the lemma.

The proof of Theorem 5.4 can now be completed following again the lines of the proof of Theorem 2.1.  $\hfill \Box$ 

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